

2021-02-11 Meditation for the Thursday after Ash Wednesday is now available at: <https://pgimf.org/meditations/>

### **Nobody Knows the Troubles I've Seen**

Music: African-American Spiritual, pre-1860s

Artists: Marian Anderson (1897-1993), contralto  
Franz Rupp, piano

Nobody knows the trouble I've seen  
Nobody knows my sorrow  
Nobody knows the trouble I've seen  
Glory hallelujah!

Oh, nobody knows the trouble I've seen  
Nobody knows my sorrow  
Nobody knows the trouble I've seen  
Glory hallelujah!

Sometimes I'm up, sometimes I'm down  
Oh, yes, Lord  
Sometimes I'm almost to the ground  
Oh, yes, Lord

Although you see me going 'long so  
Oh, yes, Lord  
I have my trials here below  
Oh, yes, Lord

Nobody knows the trouble I've seen  
Nobody knows my sorrow  
Nobody knows the trouble I've seen  
Glory hallelujah!

Oh, Lord, the trouble I've seen  
Nobody knows my sorrow  
Nobody knows the trouble I've seen  
Glory hallelujah!

Oh, nobody knows the trouble I've seen  
Nobody knows my sorrow . . . .

[Lyrics not included:}  
If you get there before I do  
Oh, yes, Lord  
Tell all-a my friends I'm coming to Heaven!  
Oh, yes, Lord

Evan  
[i.evan.kreider@ubc.ca](mailto:i.evan.kreider@ubc.ca)